Sport 2014
Collaborative partnerships in the sport field

Description of the projects selected for funding
Erasmus+: Sport 2014

Call for proposals EAC/S11/2013

Round 1

Collaborative partnerships in the sport field

Description of the projects selected for funding
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## EU PRINCIPLES ON GOOD GOVERNANCE IN SPORT

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**Collaborative Partnerships**  
(covering EU Physical Activity Guidelines)

**REFERENCE:** 557041-EPP-1-2014-BE-SPO-SCP

**PROJECT TITLE:** Promoting Physical Activity and Health in Ageing  
**PROJECT ACRONYM:** PAHA

**DESCRIPTION:** As EHFA highlighted in the report from its Preparatory Action in the Field of Sport project “Becoming the Hub” (Agreement number 2009-11909), generally physical activity promotion through policies and campaigns has not been successful in achieving measurably higher levels of physical activity and exercise. The 2014 Eurobarometer report has confirmed that despite many millions of Euros being spent in promoting more participation in sport and physical activity there has been no increase in the past 4 years. The EHFA research suggests that one of the principal barriers to participation has been the lack of valid measurement. This is particularly true of physical activity campaigns which have included a range of sometimes unplanned, play or lifestyle activities which cannot be assessed and lack the capture of the basic information needed to establish how effective they are. A principle recommendation from the HUB report was that campaigns and policies promoting greater participation in physical activity should set specific objectives, target specific issues or demographics of the population, adopt an integrated approach, and evaluate success against the original objective. As the Innovation Partnership on Active and Healthy Ageing says “In Europe the number of people aged 65+ will almost double over the next 50 years from 85 million in 2008 to 151 million in 2060. While increased longevity is a great achievement, it is also a formidable challenge for both public and private budgets.” The development of tailored interventions should be extended to older adults, who often no longer take part in sport and instead rely on “lifestyle” activities. This project supports the EU Guidelines on Physical Activity recommendations 35 - 37 which are specific in the area of active ageing to show how supervised, structured exercise programming for older adults can help to convert currently inactive people to become regular exercisers at a level that is beneficial to their health.

**COORDINATOR:** EUROPEACTIVE  
Avenue des Arts, 43  
1000 Brussels (Belgium)  
http://www.europeactive.eu/

**ELIGIBLE BUDGET:** 344,700,00 €  
**GRANT AMOUNT:** 275,700,00 €  
**CO-FINANCEMENT:** 79,98 %
**PARTNERS:**

Agap – Associação De Empresas De Ginasios (Portugal)
Magyar Fitnesz Es Egyesegfejlesztesi (Hungary)
Sport-Ionad Reiginach Chorcai Teoranta (Ireland)
Suomen Kunto- JÅ (Finland)
Syllogos Idioktiton Gymnastirion Attikis (Greece)
Johann Wolfgang Goethe Universtitaet (Germany)
Fundacion General De La Universidad (Spain)
Skills Active UK (UK)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 12,000**
**PROJECT TITLE:** European Week of Sport Toolbox  
**PROJECT ACRONYM:** EWoST

**Description:**  
The European Council, Parliament and Commission support the idea of a European Week of Sport (EWoS, launch in 2015). This project will develop the EWoS Toolbox to enable the EU, Member States, communities and citizens to implement the EWoS successfully, ultimately increasing sustainable participation in Sport for All and HEPA across Europe.

The primary objectives of the EWoS Toolbox project are to:
- Research and integrate existing successful local, national, regional activities
- Foster unity, social cohesion, integration
- Provide the framework for a coordinated, flexible EWoS, with flagship event(s), standardised national events, target group bases "focus days/events", locally significant initiatives, initiatives for individuals.
- Provide a practical set of tools for a successful EWoS. The Toolbox will be based on a solid theoretical and practical foundation, including the New Participant Path theory, Designed to Move, HEPA movement, existing weeks of sport across Europe.

Project partners have been specifically selected for their expertise and networks, and include organisations that are:
- International, national, local
- Governmental and otherwise-of the Olympic and commercial sectors
- Do and do not hold existing weeks of sport

To ensure efficient management and effective results, the project is broken into 5 phases and 6 Work Packages.

**Phases:**
- Research & Market Analysis
- Preparation & Design
- Implementation
- Evaluation & Refinement
- Dissemination

**Work Packages:**
- Project Management: All levels
- Awareness Building: All levels
- Leading by Example: EU
- Uniting Europe: National
- Celebrating Diversity: Local
- Individual Impact: Individuals

Key outputs of the project will include an appropriate combination of publicly accessible web-based tools, an app and hard copy deliverables. Throughout the project, there will be a strong focus on high quality outputs which are disseminated broadly and have a sustainable result.
COORDINATOR: DIE INTERNATIONALE VEREINIGUNG FÜR SPORT FÜR ALLE
Mainzer Landstraße 153, Dienstleistungszentrum
60261 Frankfurt Am Main (Germany)
www.tafisa.net

ELIGIBLE BUDGET: 250.000,00 €

GRANT AMOUNT: 200.000,00 €

CO-FINANCEMENT: 80 %

PARTNERS: Federation of the European Sporting (Belgium)
Fédération des Association des Capitales et Villes européennes du Sport (Belgium)
Krajowa ederacja Sportu Dla Wszystkich (Poland)
Sport et Citoyenneté 3S (France)
Nederlands Instituut Voor Sport en Bewegen (Netherlands)
Instituto Portugues Do Desporto E Juventude (Portugal)
Comité National Olympique et Sportif Français (France)
Hellenic Ministry of Culture, Education and Religious Affairs (Greece)

ASSOCIATED PARTNERS: International Sport and Culture Association (Denmark)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 100
**PROJECT TITLE:** IMPALA.net - International Network to Implement EU Physical Activity Guidelines on Infrastructure Development

**PROJECT ACRONYM:** IMPALAn

**DESCRIPTION:** IMPALA.net – “International Network to Implement EU Physical Activity GuideLines on Infrastructure Development” links 17 research institutes, sport organizations and political actors from Austria, Finland, Germany, Italy, Lithuania and the Netherlands.

IMPALA.net responds to demands by the 2013 EU HEPA Council Recommendation in the field of infrastructure development through adoption and implementation of the “European Guidelines for Improving Infrastructures for Leisure-Time Physical Activity in the Local Arena [IMPALA Guidelines]”. The IMPALA Guidelines include practical, policy-oriented activities on the development of infrastructures (sport facilities, recreational infrastructures, green and urban space).

This will be accomplished through completion of two aims:
(1) to improve implementation of policy for HEPA infrastructure development at the national level and
(2) to position sport organisations’ to take leading roles as promoters of HEPA through sport via capacity development. Project activities will involve interactive, participatory processes that build bridges between policy and practice both vertically (e.g. EU-level to the local level) and horizontally (e.g. multi-sectorial).

Aim 1 will be achieved through establishment of cross-sectorial, National Alliances in six EU Member States. The National Alliances will cooperate at the international level to carry out a policy development, training and implementation scheme that will result in the adoption of National Action Plans to implement the IMPALA Guidelines. Activities will also involve development of scale-up actions and strategies to promote feasibility of implementation at the grassroots level.

For aim 2, national sport organisations will be integral to developing, implementing and participating in an international Winter School for Stakeholders. This will strengthen their standing to lead tasks including the creation of National Alliances and developing of National Action Plans.

**COORDINATOR:** FRIEDRICH-ALEXANDER-UNIVERSITAT ERLANGEN NURNBERG

Schlossplatz 4
91054 Erlangen (Germany)
www.uni-erlangen.de

**ELIGIBLE BUDGET:** 594,475,00 €

**GRANT AMOUNT:** 453,489,00 €

**CO-FINANCEMENT:** 76,28 %
PARTNERS:
Universita Degli Studi Di Cassino e Del Lazio Meridionale (Italy)
Unione Italiana Sport per Tutti (Italy)
Lietuvos Fizinio Aktyvumo IR Sveikatos (Lithuania)
Nederlandse Organisatie Voor Toegespast Natuurwetenschappelijk Onderzoek (Netherlands)
Liikunnan Ja Kansanterveyden Editstamissaatio Likes (Finland)
Jyvaskylan Yliopisto (Finland)
Österreichisches Institut für Schul-und Sportstatenbau (Austria)
Deutscher Olympischer Sportbund (DOSB) (Germany)
Lietuvos Sporto Universitetas (Lithuania)
Universitat Wien (Austria)

ASSOCIATED PARTNERS:
Bundesministerium für Landesverteidigung und Sport Sektion Sport (Austria)
Suomen Työväen Urheiluliitto TUL. ry (Finland)
Lietuvos savivaldybių asociaicija (Lithuania)
Lietuvos Asociacija Sportas Visiems (Lithuania)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 85
**PROJECT TITLE:** European-Fitness Badge - an effective way promoting the awareness of the importance of health enhancing physical activity

**PROJECT ACRONYM:** EU-FiB

**DESCRIPTION:** The project has as its overall objectives to increase citizen participation in sport and physical activity across Europe via an innovative and motivating "European Fitness Badge". 59% of the Europeans never or rarely do sports or are physically active in a regular sense. Despite a strong scientific evidence of the correlation between p. a. and a healthy, independent lifestyle. The Fitness Badge wants to raise the awareness of the adult population in Europe of the importance of HEPA and utilize the motivating elements of a personal fitness test. The main tool to reach these general objectives is the Fitness Badge, which combines health related importance of fitness and motivation of people to increase the personal level of HEPA. That means the Fitness Badge is integrating a fitness test. The European Fitness Badge will therefore be able to give a significant contribution to the implementation of the EU Physical Activity Guidelines, and a tool that can be replicated and taken up by other stakeholders throughout and beyond the project lifetime. Sustainable behavior change from inactive to active passes several stages. The Fitness Badge can be a sustainable module on the way to change the behavior. Especially from the stage “thinking about/making plans” to the stage of “exploring” a Fitness Badge can be very helpful for changing behavior – especially when the Fitness Badge is integrated in special events and settings. The Fitness Badge is based on the fitness factors. Different fitness tests checking on fitness factors exist in each European country – e.g. EuroFit - but there is no common test based on European reference data. One of the big chances of introducing and evaluating a European Fitness Badge is the “Now we move-campaign” with the "MOVE week" of ISCA. With ISCA as a partner the Fitness Badge will be an essential part of the MOVE week – focusing on the importance of fitness for the health of people.

**COORDINATOR:** DEUTSCHER TURNER-BUND E.V.

Otto-Fleck-Schneise
60528 Frankfurt Am Main (Germany)
[www.dtb-online.de](http://www.dtb-online.de)

**ELIGIBLE BUDGET:** 496.156,00 €

**GRANT AMOUNT:** 396.924,00 €

**CO-FINANCEMENT:** 80,00 %

**PARTNERS:**
- Sportunion Österreic (Austria)
- Artevedehogeschool (Belgium)
- International Sport and Culture Association (Denmark)
- Verein_Gesundheit (Germany)
- Universitaet Graz (Austria)
ASSOCIATED PARTNERS:

Sportna unija Slovenije (Slovenia)
Gragjanska Asocijacija Za Rekreativno Dvizenje (Former Yugoslav Republic of Macedonia)
Lithuanian Country Sport And Culture Association Nemunas (Lithuania)
Ceska asociace Sport pro vsechny (Czech Republic)
BG Be Active (Bulgaria)
Cyprus Sport Organisation (Cyprus)
Federatia Romana Sportul Pentru Toti (Romania)
Ungmennafélag Islands (Iceland)
Union Française des Oeuvres Laïques d'Education Physique (France)
Associação da Madeira de Desporto para Todos (Portugal)
Fundació UBAE (Portugal)
DGI (Denmark)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 30.000
VIVIfy is born to support European health systems handle the challenges of efficient care provision and system reorganisation, and meet future needs, related to an ageing and frailty society, through the search for formulas that improve quality of life, putting in value the positive effects of sport and exercise programmes. Establishing synergies among sport, health, social care, and education systems in five EU countries, partners design a program for old people above 70, which promote the practice of physical exercise to improve strength, gain ability and balance, while frailty and falls are prevented. To comply with this, the project proposes to enhance the promotion and prescription of a multicomponent exercise program, involving professionals of different fields, such as doctors, nurses, practitioners, trainers, sport technicians and managers, homecare assistants or retirement homes 'staff. These professionals will work on the promotion of physical exercise, and receive updated training on the tools and techniques to identify frailty and fall-risk factors, helping old frail patients implement strategies for a healthy ageing, based on multicomponent exercise programmes. Through the transnational work plan, partners will detect good practices of work with older people, which have proven to be successful in participant countries. They will agree on a program of basic multicomponent exercises based on the use of the Internet and New Technologies for patients at home, so that they can develop the exercise programme alone, and the design of clear exercise protocols for professionals to be performed with the patient hospitalized in their immediate environment (bed, bedroom, hallway, and ground). The protocols will include automated pre physical exercise rules, born from all knowledge exchanged during the work done, that help professionals to detect patients who have absolute contraindications to the practice and recommend it to others. VIVIfy lasts 24 months.

COORDINATOR: UNIVERSIDAD PUBLICA DE NAVARRA
Campus de Arrosadia
31006 Pamplona (Spain)
http://www.vivifrail.com/partners/universidad-publica-de-navarra-en

ELIGIBLE BUDGET: 624.997,66 €

GRANT AMOUNT: 499.998,12 €

CO-FINANCEMENT: 80,00 %

PARTNERS: Universitaet ULM (Germany)
Servicio Madrileño De Salud (Spain)
Centre Hospitalier Universitaire de Toulouse (France)
Università Cattolica del Sacro Cuore (Italia)
Diabetes Frail Ltd (UK)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 6.120
PROJECT TITLE: Promoting National Implementation for Sport Club for Health Programmes in EU Member States

PROJECT ACRONYM: SCforH

DESCRIPTION: “Promoting national implementation for Sport Club for Health (SCforH) programmes in EU member states” –project is based on SCforH -project 2009-2011, which was supported by the EU Preliminary Actions for Sport 2009. As an outcome of the previous SCforH 2009-2011 work, SCforH guidelines were developed and published. The document provides guidance for sports clubs to develop, implement and promote health-enhancing sporting activities. Also, an European-level network around the issue was established and generated.

This project is focused on two main objectives: 1) expert evaluation of previous efforts and efficacy in implementing SCforH programmes and guidelines, and 2) promoting national implementation of SCforH guidelines at both grass-root and governmental levels.

The project consortium consist of universities and sport federations from 9 EU-countries (Finland as applicant, partners from Belgium, Croatia, Czech Republic, Finland, Denmark, France, Germany, Ireland, Sweden). The project outcomes are:
1) Report of current status of the SCforH programmes in EU countries
2) Recommendations for sport associations based on best practices on how to best support sport clubs to implement the SCforH Guidelines
3) Scientific articles about the evidence base for SCforH programmes
4) Updated SCforH guidelines
5) A resolution about how to promote SCforH programmes in EU – countries

Recently the implementation of the SCforH programmes was chosen as an indicator to assess HEPA –levels and HEPA –policies in the EU member countries (The Council Recommendation on Promoting Health-enhancing Physical Activity cross Sectors, 2013). As highlighted on the White Paper of the Sport, one cornerstone of sport systems and HEPA are sport clubs. Therefore, grassroot-level sports clubs are in the main focus of this project. The dissemination of project outputs to the partner countries but also to the European level has a major part in the project.

COORDINATOR: VALO, Valtakunnallinen Liikunta-jautta Urheiluorganisaatio ry
Radiokatu 20
00093 Valo (Finland)
www.sport.fi

ELIGIBLE BUDGET: 613.710,00 €

GRANT AMOUNT: 490.967,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS: GymnastiekFederatie Vlaanderen vzw (Belgium)
Katholieke Universiteit Leuven (Belgium)
Univerzita Palachekova V Olomouci (Czech Republic)
University of Zagreb Faculty of Kinesiology (Croatia)
Jyvaskyla Yliopisto (Finland)
Finnish Swimming Association (Finland)
The Equestrian Federation of Finland (Finland)
The Finnish Gymnastics Federation (Finland)
Finnish Boxing Association (Finland) Etelä-Suomen Liikunta ja Urheilu ry (Finland)
Pohjanmaan Liikunta ja Urheilu PLU ry (Finland) Turun Yliopisto (Finland)
Deutscher Turner-Bund e.V. (Germany)
Waterford Institute of Technology (Ireland)
Gaelic Athletic Association (Ireland)
Orebro University (Sweden)
Sveriges Riksidrottsförbund (Sweden)
European Non-Governmental Sports Organisation (ENGSO), France

ASSOCIATED PARTNER: International Sport and Culture Association (Denmark)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 20,000,000
**REFERENCE:** 557281-EPP-1-2014-1-FR-SPO-SCP

**PROJECT TITLE:** Gold in Education and Elite Sport  
**PROJECT ACRONYM:** GEES

**DESCRIPTION:** The quality by which athletes are able to combine their athletic career with their educational pathway through secondary and higher education impacts not only their educational and athletic development but also their vocational development and employability during as well as after their athletic career. This project develops and implements guidelines (cf. EU Guidelines on Dual Careers of Athletes, 2012) by focusing on the need to enhance (a) athletes’ competences for developing their own dual career pathway and (b) the quality of dual career support experts/services provided to athletes preparing, managing and/or finalizing a dual career ‘education and sport’ pathway. It will (a) describe the competences, instruments and methods required by (a selection of) ±5,000 12-to-18 year old and ±4,400 18-to-25 year old athletes to successfully prepare, manage and finalize their dual career ‘education and sport’ pathway; (b) develop a profile of competences as well as instruments and methods required by (a selection of) 525 dual career experts/support providers working with athletes in a dual career ‘education and sport’ pathway. Results will be disseminated via a website, social networks, articles/presentations, reports and dedicated workshops and conference. This project is innovative and has an added value at EU level as it (a) provides competence profiles for athletes and dual career support providers as well as instruments and techniques to optimize dual career support services, (b) is conducted by a consortium of internationally renowned experts from research as well as from dual career services in elite sport from nine countries from North, East, South and West of Europe, and (c) provides the basis for a European framework of reference for athletes’ competences regarding this dual career pathway and competences of dual career support providers allowing for a European guide within existing or newly to be developed dual career services within the Member States.

**COORDINATOR:** INSTITUT NATIONAL DU SPORT ET DE LA PERFORMANCE (INSEP)  
11 Avenue du Tremblay  
75012 Paris (France)  
www.insep.fr

**ELIGIBLE BUDGET** 624,639,00 €  
**GRANT AMOUNT** 499,711,00€  
**CO-FINANCEMENT** 80,00 %
**PARTNERS:**
Vrije Universiteit Brussel (Belgium)
Nederlands Olympisch Comite * Nederlandse Sport Federatie (The Netherlands)
The University of Stirling (UK)
Univerza Vlubjani (Slovenia)
Universitat Autonoma De Barcelona (Spain)
Sveriges Riksidrottsförbund (Sweden)
Gdansk University of Physical Education and Sport (Poland)
CONI Servizi spa, (Italy)

**ASSOCIATED PARTNERS:**
Bloso (Belgium)
Centre d'Altrendiment Esportiu de Sant Cugat Del Valles (Spain)
Sports Aid Trust (UK)
Olimpijski Komite Slovenije Zdruzenje Sportnih ZVEZ (Slovenia)
Hogskolani Halmstad HH (Sweden)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 30
REFERENCE: 556993-EPP-1-2014-1-FR-SPO-SCP

PROJECT TITLE: Physical Activity Serving Society
PROJECT ACRONYM: PASS

DESCRIPTION: The overall objective of the project is to tackle the physical inactivity crisis in Europe, which has been documented so far essentially through the 2008 EU Physical Activity Guidelines at the institutional level. The project aims at gathering and analysing European data on the scale, costs and consequences of the physical activity crisis in Europe, with the view to complement existing European data on the state of physical activity in Europe, to identify and promote sectorial good practices whilst adopting an innovative cross-sectorial, holistic and transversal approach. This scientific support phase and the research produced will be complementary to existing EU data, in line with the 2013 Council recommendation on the promotion of HEPA. This first scientific phase will be used to raise awareness of the physical activity crisis to decision makers – and the need to make HEPA more of a political priority, as to give a new political impetus to the promotion of HEPA at EU level and to incite European and national decision-makers to use the transversal principle: integrating physical activity as a tool/solution into relevant sectors of society like education, public health, cities and urban planning, the sport industry and grassroots sports. This will materialize via the proposal of operational recommendations to tackle physical inactivity in Europe.

COORDINATOR: SPORT ET CITOYENNETE 3S
11 rue Alexandre Fleming
49066 Angers (France)
www.sportetcitoyennete.com

ELIGIBLE BUDGET: 597,990,00€
GRANT AMOUNT: 476,483,00€
CO-FINANCEMENT: 79,68 %

PARTNERS: International Council of Sport Science and Physical Education (Germany)
International Sport and Culture (Denmark)
Federation of the European Sporting Goods Industry (Belgium)
European Physical Education Association (Switzerland)
Spolint Institut Za Razvoj Sporta (Slovenia)
Die Internationale Vereinigung für Sport für Alle (Germany)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 30
PROJECT TITLE: Shaping the principles and development areas for health-oriented physical education

PROJECT ACRONYM: SHAPE

DESCRIPTION: The main purpose of our project is to propose a framework that supports the implementation of the health enhancing physical activity in schools on European level. The first steps intend to analyze the regulatory practice of the participating countries. For the sake of this aim, the project also goals to examine and compare the following questions:
- Is the philosophy of the health-enhancing physical activity involved in the core curriculum contents (core curricula, frame curricula) in the participating states / EU member states;
- If yes, in what form? Is this approach tangible in all learning contexts (formal, informal, non-formal)?
- How quality-focused is the evaluation process of the learning outcomes in case of the P.E. class?

The purpose of our project is to analyze the core curricula and the national qualification frameworks of the relevant states in order to propose a European-level framework that supports the concept of quality physical education and aims the development of the principles and intervention areas of the health oriented physical education and health enhancing physical activity. The working title of the framework: European framework on quality physical education as a part of health-enhancing physical activity (hereinafter: EFQPE). The project proposal strengthens the evidence base for policy-making and also promotes the dialogue with relevant European stakeholders, therefore contributes to the goals set in the Council Recommendation of 2013 on promoting health-enhancing physical activity across sectors. This proposal targets to promote awareness of the importance of health-enhancing physical activity, through increased participation, and equal access to sport for all. Our project promotes the increase of capacity and professionalism when working at EU/international level: also to improve management competences and internationalization strategies; support cooperation with partners from other countries.

COORDINATOR: MAGYAR DIAKSPORT SZOVETSEG (HUNGARIAN SCHOOL SPORT FEDERATION)
Istvánmezei út 1-3.
1146 Budapest (Hungary)
www.diaksport.eu

ELIGIBLE BUDGET: 375.000,00 €

GRANT AMOUNT: 300.000,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS:  
CBO BV (The Netherlands)  
Johann Wolfgang Goethe Universitaet Frankfurt Am Main (Germany)  
Ministry of Education and Religious Affairs (Greece)  
Kauno Technologijos Universiteteas (Lithuania)  

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 25
**PROJECT TITLE:** Physical activity in patients with CHD: a collaborative partnership to identify and share good practices among European countries

**PROJECT ACRONYM:** TAKEHEA

**DESCRIPTION:** According to the ERASMUS+ SPORT programme, “TAKE HEART” project objective will be to promote social inclusion, equal opportunities and awareness of the importance of health-enhancing physical activity, through increased participation in, and equal access to sport for all. “TAKE HEART” project will transfer and implement innovative practices at European, national, but also at regional and local levels. In particular, the project, by means of its activities will support the implementation of the EU Physical Activity Guidelines, to encourage participation in sport and physical activity. At systemic level, TAKE HEART project will expect to contribute to the development of the European dimension in sport for all. From an individual's perspective, “TAKE HEART” project will engage patients and will motivate them to perform CR and to maintain a high adherence to physical activity programs. CR programs are frequently unavailable and underutilized resources. Even when funding is available, there remains a lack of applicable resources and acceptance among physicians, patients, and their families. In countries where resource and training assistance has been provided, CR programs have been successful. The project objectives will be achieved on one hand with the improvement of physicians and trainers’ knowledge and on the other hand with the increase of awareness and acceptance by patients and their families. The need analysis will be made through the literature review and the analysis of local context. The evaluation of the good practices will allow to imagine for the different European local contexts cost-effective and applicable solutions. The important part dedicate to medical education will allow to increase physicians’ knowledge, through the Train the Trainers methodology and the E-learning. The dissemination activities will allow to reach the general population increasing awareness of patients and their families.

**COORDINATOR:** CONI SERVIZI SPA
Largo Lauro de Bosis, 15
00135 Roma (Italia)
[http://www.coni.it/it/coni-servizi.html](http://www.coni.it/it/coni-servizi.html)

**ELIGIBLE BUDGET:** 557,581,28 €

**GRANT AMOUNT:** 446,065,00 €

**CO-FINANCEMENT:** 80,00 %

**PARTNERS:** Universitatea Din Craiova (Romania)
Dekut Dehreini Kutatasfelesztesi (Hungary)
Gemeinnützige Salzburgerlandeskliniken (Austria)
I.HL.- Klinikene AS (Norway)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 500
PROJECT TITLE: European Outdoor Network Experiences
PROJECT ACRONYM: E-ONE

DESCRIPTION: E-O.N.E. is based on the build a new European Network of stakeholders operating in the field of “non-organised” activities and “Outdoor” sports. Primary objective of the network is to demonstrate and promote the fundamental role played by such activities within the search for a better quality of life. Health, sport and wellness reciprocally integrate through the practice of “non-organised” activities increasing the chances for a personal, social, economic and cultural growth. A Network implies dialogue and exchange of innovative ideas, experiences and good practices. The start-up of Net involve 9 organizations from 8 programme countries with different experiences and competences. Each participant has a specific function: management, research, information, promotion, innovation, and creation of programmatic and executive policies, implementation of actions at European level, oriented to young people and to a perspective Sport for All. Each participant will pursue the involvement of the target groups and of other entities which might be included in the Net. The project will have duration of 18 months. An integrated and multi-functional methodology characterizes the project. The concept of networking, also through the use of the most recent communication technologies, is fundamental to create conditions of efficiency, effectiveness, easy accessibility directly and indirectly involving other interested subjects. The results of the project are: a better awareness and knowledge about the concerned themes, a relevant expansion of the Net and a significant growth of the practice of “non-organised” activities. In the long run, thanks to an integrated Dissemination Plan at European level, it will be possible to create new programmatic and implemental policies for the promotion and development of “non-organised” activities and “outdoor” sports at various territorial levels, increasing the level of Quality of Life of the European communities, organizations and citizens.

COORDINATOR: COMUNE DI TERNI
Piazza Ridolfi 1 Palazzo Spada
05100 Terni (Italia)
www.comune.terni.it

ELIGIBLE BUDGET: 499.440,00 €
GRANT AMOUNT: 399.552,00 €
CO-FINANCEMENT: 80,00 %

PARTNERS: Diputación de Málaga (Spain)
Foundation for the Promotion of Social Inclusion (Malta)
Koge kommune (Denmark)
Associação da Madeira de Desporto para Todos (Portugal)
Piteå kommun (Sweden)
Hranická rozvojová agentu (Czech Republic)
National Association of Municipal Clerks in Bulgaria (Bulgaria)
Fundacion Universitaria San Antonio de Cartagena (Spain)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 1.000
The project has the following objectives:

- Promotion of awareness of the importance of sport at school through a better integration of physical education into school curricula
- Enhancement of sport as a mean to promote social inclusion of all students, particularly those at risk of exclusion and early school leaving
- The promotion of an ethical approach to sport
- The promotion of a comprehensive sports offer including all sports

The project target groups are:

- Physical education teachers in secondary schools
- Teachers of other subjects in secondary schools
- School directors
- Public authorities in charge of educational policies as well as sport and health

The expected results of the project include:

- A collection of best practices and success stories in the fields of: the promotion of awareness of the importance of sport at school level and for the promotion of sport and physical activities; using sports and physical activities to promote social inclusion and to prevent early school leaving; promoting an ethical approach to sport; promoting all types of sports at school level.

- Toolkits containing teaching sources and guidelines addressed to physical education teachers in secondary schools, teachers of other subjects and school directors on:
  - Strategies to motivate students who are usually not involved in physical education activities.
  - Sport as a mean to promote social inclusion.
  - Promotion of an ethical approach to sport.
  - Promotion of less popular sports
  - Strategies to prevent early school leaving through sport
  - Strategies to integrate sport and healthy lifestyle approaches into the students’ educational pathways.
  - Integration of sport into the curricular activities

- Guidelines for policy makers on
  - The importance of promoting sport at school level. The guidelines will also propose how to enhance the integration between schools’ activities and sport activities
  - The promotion of an ethic based approach to sport
COORDINATOR: ISTITUTO PROFESSIONALE DI STATO FRANCESCO
Via Di Reggiana 26
59100 Prato (Italia)
www.datini.prato.it

ELIGIBLE BUDGET: 546.740,00€

GRANT AMOUNT: 437.392,00€

CO-FINANCEMENT: 80,00 %

PARTNERS:
Pixel – Associazione Culturale (Italy)
Réseau national d'enseignement Supérieur (France)
Urzad Miejskiw Gdansku (Poland)
National Ministry of Education (Turkey)
Fundatia Euroed (Romania)
Dundee and Angus College (UK)
Initiatives pour une formation efficace (Belgium)
Espoon Soteun Kolutuskuntayhtyma (Finland)
Foundation For Development of the Cultural BPOCS (Bulgaria)
Istituto Istruzione Superiore Rita-Levi-Montalcini (Italy)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 100
**PROJECT TITLE:** Health Promotion at Sport Clubs network  

**PROJECT ACRONYM:** HP@SC

**DESCRIPTION:** HP@SC project aims at building a Laboratory Network (HP Lab) for the continuous exchange of Health Promotion (HP) and of HEPA good practices among Sport Settings. The Laboratory will be founded on scientific knowledge, on partnership experiences and on project main results. Among them, there are: the Join Health Promotion Framework, the HP Experimental Actions Plans, the HP training modules and events at tennis, football, and volleyball and basketball clubs. The project adopts a bottom up approach, believing that sport clubs are actually effective to mainstream HP European strategies, to contribute to the HEPA guidelines implementation, and to put into practice the EU Sport policies. Collaborating with health experts, (nutritionist, psychologist, orthopedist,...) and sport medicine professors, the Sport clubs can build a sound informal educational environment, where targets groups are directly addressed and involved. The laboratory network, created by the partners, is open to a large number of sport settings and health experts, who are invited to enter the HP Lab, by signing a declaration of honour and committing themselves for a long terms collaboration. Stakeholders and sport sponsors are involved, since the project start, in the creation of the Lab, in order to increase its potential sustainability. The collaborative context of the HP Lab is supported by web tools, such as website, social networks and Web DB (notably a sourcebook, where studies, researches and good practices reports are stored and made available for all the interested parties and for target groups). The HP@SC project ensures both the actual implementation of HP experimental actions (HP weeks at clubs, HP events, HP training modules for coaches) and the creation of follow up measures, determining a large impacts of project results in the long run.

**COORDINATOR:** ASSOCIAZIONE SPORTIVA DILETTANTISTICA CIRCOLO TENNIS VICENZA  
Strada Sant'Antonino, 63  
36100 Vicenza (Italy)  
www.circolotennisvicenza

**ELIGIBLE BUDGET:** 446,034,00 €  
**GRANT AMOUNT:** 356,827,20 €  
**CO-FINANCEMENT:** 80,00 %

**PARTNERS:**  
Nacionalno dvijenie "Obedinenie za razvitie na sporta i sportn  
(Bulgaria) Tenis Klub Olimpija (Slovenia)  
Unione Sportiva Maria Ausiliatrice Associazione Dillantistica -Usma A.D.  
(Italy) Cyprus Center For European And International Affairs (Cyprus)  
Kytтарo Έναλλακτικόν Αναζητίσεον Νεαον - Κεαν (Greece)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 1,800
PROJECT TITLE: EU Be Active

PROJECT ACRONYM: EUBA

DESCRIPTION: Many young people (11-15) lack motivation to study and are not interested in personal development. Moreover, modern technologies have done significant influence on children of that age and iPads and iPhones play great role in their life keeping them busy not only after school but during the lessons and breaks as well. All this leads to the decrease of physical activity. So this combination of low motivation for personal development and decrease of physical activity we find as a big problem and threat. On the other hand, sport clubs, schools and other organizations working with young people often lack tools, skills and competence to provide activities and events attractive to everyone, encourage contacts between people from different social, ethnic, cultural groups and with different capabilities. So thought sport organizations embody a unique potential in prevention and health promotion, this potential is not developed, in many cases do not work and its impact is not visible and measurable. At the same time schools also encounter a problem of students’ indifference not only to physical activity, but to personal development as well. Our main idea is to use sport as a tool to improve social, personal and professional skills of young people (11-15) and raise awareness about positive impact of active and healthy life style. We presume that information about the need of physical activity should reach not only children, but their teachers as well and this should be done in innovative way. Our aim is to make sport and physical activity a way to improve motivation for personal development in terms of gaining physical, social and even scientific knowledge. We believe that new method of combining sport and scientific approach may be effective way to raise awareness about the necessity of physical activity and may contribute to the implementation of EU Physical Activity Guidelines (10, 13 and 23).

COORDINATOR: BIRZU LENGVOSIOS ATLETIKOS SPORTO KLUBAS
Sajungos street 14
41133 Birzai (Lithuania)

ELIGIBLE BUDGET: 78,630,00 €

GRANT AMOUNT: 58,630,00 €

CO-FINANCEMENT: 74,56 %

PARTNERS: Stowarzyszenie Instytut Nowych (Poland)
Birzu Rajono Paceriaukstes Petro Poskaus (Lithuania)
Vilanu Novada Pasvaldiba (Latvia)
Unione Sportiva Maria Ausiliatrice (Italia)
Club Basquet Granollers (Spain)
National Ministry of Education (Turkey)
Asociacia Za Razvitie Na Bulgarskia Sport (Bulgaria)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 550
Main goal of the Sport Physical Education And Coaching in Health (SPEACH) Project is to increase awareness and behavioral change in sport professionals and European citizens towards an active and healthy lifestyle. Sedentariness and physical inactivity are a cross-national problem. Therefore, the Project builds upon a strong collaborative-partnership to contribute in solving this problem on the European level and to increase sport and physical activity participation. To achieve this, the project will develop HEPA related educational modules, which will be included into existing education structures in the areas of sport coaching and physical education (PE), in order to stimulate pupils, young athletes and adults towards an active and healthy lifestyle. An innovative aspect of the project is the diversity of partners involved. The consortium consists of ten organizations and actors from seven EU countries in the field of sport, PE and health. The partners involved are national and international sports committees, sport federations and higher educational institutes in the field of sport, PE teacher education and health. Finally, the project is strongly supported by the European Network of Sport Science, Education & Employment (ENSSEE). The Project consists of five phases: 1) Needs analysis in order to explore the specific needs and wishes from Physical Education Teacher Education (PETE) and coaching educational field; 2) Module development based on the outcomes of the needs analysis; 3) Training concept development so teachers in sport coach education and PETE will be trained in lecturing the modules; 4) Piloting, review and validation of the developed modules; 5) Quality assurance and sustainability of the developed programs and pilots that will be evaluated and adjusted when necessary. Integral to these five phases, the project will be managed and valorisation and dissemination of the results will take place in a structured and continuous way.
PARTNERS: Instituto Politecnico De Santarem (Portugal)
Canterbury Christ Church University (UK)
International Council For Coaching (UK)
Real Federacion Espanola De Tenis (Spain)
Vrije Universiteit Brussel (Belgium)
Nederlands Olympisch Comite-Nederlandse Sport Federatie Vereniging (Netherlands)
Lietuvos Sporto Universitetas (Lithuania)
Syddansk Universitet (Sweden)
European Network Of Sport Science (Italy)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 35
**PROJECT TITLE:** European Collaborative Partnership on Sport and Health Enhancing Physical Activity

**PROJECT ACRONYM:** EPHEPA

**DESCRIPTION:** Insufficient levels of physical activity are prevalent in Europe and represent an important risk factor for non-communicable diseases. In most EU countries, institutional and policy frameworks and capacities to promote health-enhancing physical activity (HEPA) are still under development. This results in a lack of specific action plans and implementation strategies as well as in insufficient intersectoral collaboration. EPHEPA aims to fill this gap through 1) enhanced intersectoral exchange across a wider range of key stakeholders and sectors, 2) stronger and broader networks to foster sport and HEPA promotion across all relevant sectors and in all parts of the EU and 3) a stronger knowledge-base on effective policies and approaches to promote HEPA. EPHEPA will deliver an intersectoral exchange platform on Sport and Health Enhancing Physical Activity, including 3 annual meetings, 3 workshops on practice, challenges and examples on the implementation of the EU Physical Activity guidelines across different sectors and implementation and, importantly, application of a Policy Audit Tool (PAT) in 10-15 countries for more effective national strategies to promote sports and HEPA. The true innovation of the EPHEPA project is a peer-to-peer exchange approach to foster transfer and learning between policy, science and practice to address the challenges and shortcomings of existing policy and promotion approaches in Europe (knowledge network). EPHEPA is centered on strengthening capacities for effective policies for HEPA promotion by leveraging on the unique pool of knowledge on policy, science and practice provided by the European network for the promotion of health-enhancing physical activity (HEPA Europe) network, which includes over 130 member institutions from over 30 European countries. EPHEPA work packages are complemented by rigorous quality control and evaluation and a comprehensive dissemination and exploitation strategy to ensure lasting impact.

**COORDINATOR:** UNIVERSITY OF OXFORD
University Offices, Wellington Square
OX1 2JD Oxford (UK)
www.ox.ac.uk

**ELIGIBLE BUDGET:** 624.175,00€

**GRANT AMOUNT:** 499.340,00€

**CO-FINANCEMENT:** 80,00 %

**PARTNERS:** Faculdade De Motricidade Humana (Portugal)
Universidade Do Porto (Portugal)
Sveučilište U Zagrebu Kinezioloskifakultet (Croatia)
Friedrich-Alexander-Universitaet Erlangen (Germany)
Universitaet Zuerich (Switzerland)
World Health Organization (Switzerland)
Urho Kekkosen Kuntoinstituutissaatio (Finland)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 735
PROJECT TITLE: Supporting Policy and Action for Active Environments

PROJECT ACRONYM: SPAcE

DESCRIPTION: Healthy active urban environments are towns and cities where the policies, design, layout and culture supports physically active movement as part of everyday life. Walking and cycling are the default modes of transport; citizens of healthy active urban environments instinctively reach for their walking shoes not their car keys when they leave home. Traffic speeds are slow and green space is plentiful, encouraging children to play outdoors, and people to make active use of their leisure time. The physical environment has an influence on social norms: in healthy active urban environments it is normal to be active. The SPAcE project will link together 10 project partners to achieve the objective of developing sustainable active urban environments in cities and towns across the EU.

These chosen partners possess the expertise, competencies and desire needed to produce the project objectives and outputs:

- a consensus of evidence and practice symposium;
- active environment city/town action plans;
- implementation and evaluation of the action plans
- EU-wide guidance documents, available in 8 languages.

The guidance documents will provide a structured approach for local and national governments to develop active environments in other towns and cities across Europe.

COORDINATOR: UNIVERSITY OF GLOUCESTERSHIRE
The Park Campus
GL50 2RH Cheltenham (UK)
www.glos.ac.uk

ELIGIBLE BUDGET: 622.950,00 €

GRANT AMOUNT: 498.359,00 €

CO-FINANCEMENT: 80,00 %

PARTNERS: Universitaet Zuerich (Switzerland)
Municipality of Trikala (Greece)
Consejeria De Educacion Cultura Y Deportes (Spain)
Tukuma Novada Dome (Lithuania)
Agentia Metropolitana Pentru Dezvoltare Durabila Brasov Associata (Romania)
Centro Studi ed Iniziative Europeo-Cesie (Italy)
Panepistimio Thessalas (Greece)
University Of Oxford (UK)
LIKES Foundation for Sport and Health Sciences (Finland)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 865.190
Collaborative Partnerships

(covering approaches to contain violence and tackle racism and intolerance in sport)

REFERENCE: 557109-EPP-1-2014-1-EL-SPO-SCP

PROJECT TITLE: Innovative learning Resources to foster equal participation In grassroots Sports dealing with discrimination, racism and violence incidents

PROJECT ACRONYM: IRIS

DESCRIPTION: IRIS-Innovative learning Resources to foster equal participation In grassroots Sports dealing with discrimination, racism and violence incidents, is submitted under the Erasmus+ Programme with the aim to provide novel and interactive tools and education resources that would increase end-users capacities to prevent and handle this multifaceted phenomenon, as well as to raise the awareness of key actors and policy makers for integrating good practices and EU principles in any national, regional or local initiative. Even through Sports are considered to be the ideal framework to ensure social inclusion and to build friendships among the youngest by conveying the concepts of peace, tolerance, mutual understanding and education (White Paper of Sport), the reality of Sports is contradictory since alarming intolerance incidents continue to rear their head in professional and amateur level posing concerns for the results and extent of this phenomenon. EU has issued guidelines on equal opportunities and social inclusion in the field of Sports to be adapted and fostered across EU regions. To this direction, IRIS 'multidisciplinary consortium will work in view of facilitating the promotion of EU directives and transferring of good practices and updated knowledge to all directly involved actors, effectively addressing this negative social phenomenon by: • promoting tolerance attitude to the youngest, sensitizing them and their social environment on values and ethics of Fair Play and equal participation through interactive educational tools and events • improving knowledge and skills of PE teachers and coaches, to handle and prevent such incidents, through modernized e-learning resource with updated modules and tools • Generating knowledge on the State of the Art and Training Needs • Supplying policy makers with an integrated good practices and policy solutions Paper • Networking and raising awareness activities with key actors across EU to transfer results and gain Shareholders’ support

COORDINATOR: PERIFEREIA DYTIKI ELLADA
Aftokratoros Theodosiou 2-10
26443 Patras (Greece)
www.pde.gov.gr

ELIGIBLE BUDGET: 590,990,00 €
GRANT AMOUNT: 472,792,00 €
CO-FINANCEMENT: 80,00 %
PARTNERS: Shumensi Universitet Episkop Konstantin Preslavski (Bulgaria)
Jyvaskyläni Yliopisto (Finland)/oltalom Sportegyesület (Hungary)
Universidade De Santiago De Compostela (Spain)
Hellenic Open University (Greece)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 30
Efus has included recommendations on the preventive role of sport in its Manifestos (2006, 2012). Sport activities especially at the amateur level can play a role in building community links and reinforce social cohesion. Efus is very well placed to work with local authorities and sport organisations, towards the reduction of violence, racism and intolerance by means of practices and expertise exchange. This proposal sets up a partnership in line with the aim of the Sport Collaborative partnerships fostering collaboration between sport organisations and local authorities. Efus will involve as much local authorities as possible through their participation in the 1st European Prize for Social Integration through Sport. Five winners will be selected by an independent panel of experts and will then host "Local Sport Days" focusing on the role of sport for social integration. Moreover, some of the French cities hosting the EURO 2016 football cup will be involved in the project hosting the award ceremonies of the Prize. A series of videos will be produced for each Local Sport Days as well as a final guide-book targeting local authorities.

The main goals of the project are to:
- exchange innovative practices on how to strengthen communities and convey messages of respect, prevention and anti-discrimination through sport in cooperation with sport organisations;
- develop locally-base cooperation practices between Municipality’s services strengthening cooperation between sport and security services;
- involve local partners in building local strategies for social inclusion through sport. By the variety of partners involved, the relevance of Efus' network for both the richness of practices and expertise, the innovative idea of organising a European Prize and the inclusion of some of the cities hosting the EURO 2016, this project has a real potential for spreading the positive values of sport at a EU level and reach a remarkable number of EU citizens and stakeholders.

COORDINATOR: FORUM EUROPEEN POUR LA SECURITE URBaine
Rue des Montiboeufs 10
75020 Paris (France)
www.pde.gov.gr

ELIGIBLE BUDGET: 366,271,00 €

GRANT AMOUNT: 294,617,00 €

CO-FINANCEMENT: 80,00 %

PARTNERS: Asbl Fan Coaching-Eurofan (Belgium) Forum Italiano per la sicurezza urbana (Italy)
Ministerio Da Administracao Interna (Portugal)
Nederlands Instituut voor Sport en Bewegen (Netherlands)
Universidad De Zaragoza (Spain)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 40
**PROJECT TITLE:** Fans Against Violence

**PROJECT ACRONYM:** FAV

**DESCRIPTION:** Project »Doping prevention through peer learning among youth - prePLAY« aspires to develop and shape a new network of young athletes that believe in a sound mind in a healthy body and reject any thought of using doping substances to enhance their athletic prowess. The project is a model of creating a transnational network of (young) people who have the knowledge about fight against doping and are aware of consequences of the abuse of prohibited substances and methods. Through peer-to-peer network, we will directly and indirectly build a network in which sport and its values are something worth sacrificing one’s free time for. It will be network of new generation that fights for ethical and moral values of honest and fair participation in sports with the purpose of preventing a pro-doping culture. Project »prePLAY« targets youth on grassroots level of sport who are looking to improve their body image or take their sports careers to competitive and professional level. The project also indirectly addresses all other stakeholders that create and shape the environment for young athletes, as well as all recreational athletes and participants in mass sporting events. The main objectives and target groups of the project »Doping prevention through peer learning among youth« are:

1) Implementation of preventive and awareness-raising activities on grassroots level of sport, especially targeting primary and secondary school students
2) Recruitment and training of anti-doping ambassadors targeting young athletes, who just finished or are finishing their sport careers
3) Following the footsteps of South American countries, which pronounced 10th of April as a Play True Day, enforcement of a Play True Day in Europe, targeting sport and general public
4) Creating model rules for peer networking in doping prevention programs

**COORDINATOR:** TURKIYE BASKETBOL FEDERASYONU
International Relations
TBF House, 10. Yil Caddesi,
34020 Zeytinburnu-Istanbul
www.tbf.org.tr

**ELIGIBLE BUDGET:** 491.600,00 €

**GRANT AMOUNT:** 393.280,00 €

**CO-FINANCEMENT:** 80,00%

**PARTNERS:** Lietuvos Krepsinio Federacija (Lithuania)
Federacion Espanola De Baloncesto (Spain)
Hrvatski Kosarkaski Savez (Croatia)
Bulgarska Federacija Po Basketbol (Bulgaria)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 960
Collaborative Partnerships

(covering Enhance social inclusion, equal opportunities, volunteering and participation in sports)

REFERENCE:557322-EPP-1-2014-1-AT-SPO-SCP

PROJECT TITLE: European Sport Inclusion Network (ESPIN) - Promoting Equal Opportunities of Migrants and Minorities through Volunteering in Sport

PROJECT ACRONYM: ESPIN

DESCRIPTION: The vision of the two-year ESPIN project is to increase sports participation of disadvantages groups by promoting volunteering and equal access of migrants & minorities to organised sport. The under-representation of migrants and ethnic minorities and their exclusion from positions of authority or status is a reality in many sports. The lack of advancement of minorities in non-playing positions (administrators, coaches, referees) remains a recurring issue in many European sports. The overall objective of the project is to promote social inclusion and equal opportunities in organised sport through volunteering of migrants and minorities and capacity-building in sport organisations. Workstreams

A. Baseline Study-Access, Participation & Exclusion of migrants and minorities in European sport
B. Supporting Volunteering of Migrants in Sports: Developing a European Quality Mark Scheme and Trainings
C. FARE Action Weeks 2015: Raising public awareness on exclusion
D. European Networking Conference: Levelling the Playing Field – Make Sport accessible for Minorities
E. Coordination, Networking, Communication and Evaluation

Expected results

• Increased capacities and competences of migrant lead and mainstream clubs to engage, support and train volunteers from migrant/ethnic minority backgrounds and increased competences of volunteers from migrant/ethnic minority backgrounds on how to volunteer within clubs
• Developed a framework to enhance local engagement pathways/networks for clubs, and volunteers from migrant/ethnic minority background and having bridged connectivity gaps between mainstream clubs and migrant groups • Increased understanding and awareness of discriminatory practices and exclusionary discourses in sport among sport and football stakeholders
• Enhanced transnational cooperation and exchange of good practice among marginalised groups, NGOs and sport stakeholders which leads to the establishment of a European network on social inclusion in sport
COORDINATOR:  FONDS WIENER INSTITUT FUR INTERNATIONALEN
Möllwaldplatz 5/3
1040 Wien (Austria)

ELIGIBLE BUDGET:  413.781,00 €

GRANT AMOUNT:  331.024,50 €

CO-FINANCEMENT:  80,00 %

PARTNERS:  Mahatma Gandhi Egyesulet (Hungary)
Unione Italiana Sport Per Tutti (Italia)
Liikuntaa Ya Kulttuuria Kansainvalisesti Liikkukaa Ry (Finland) Sindicato Dos
Jogadores Profissionais De Futebol (Portugal)
Cumann Peile Na H-Eireann Football Association of Ireland (Ireland)
Camino (Germany)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 1.200
There is only a limited knowledge on the political conditions for and structural characteristics of sports clubs that promote social inclusion and volunteering in sport. Most of the existing knowledge is, furthermore, context-specific tied to individual member states within the EU. There is, therefore, a distinct lack of knowledge on social inclusion and volunteering that is comparable across European countries and takes into account both the influence from national sports policies and differences between sports clubs. The provision of such knowledge is essential in order to provide well-substantiated and precise guidelines for evidence-based sports policies, such as it is an ambition for the EU. This project seeks to provide the required knowledge on social integration and volunteering, convert it into concrete suggestions for action, and disseminate this knowledge to politicians and sports organizations in Europe. This will be done through the implementation of seven work packages that contain:
1) the collection of sports policies,
2) the collection of survey data on sports clubs,
3) the collection of survey data on members of sports clubs,
4) analyses of the main results,
5) collection of examples of best practice,
6) elaboration of a handbook, and
7) dissemination of the findings aimed at politicians, sports professionals and sports volunteers. The main aim of the project is to create and disseminate knowledge that can be used to promote social inclusion and volunteering in European sports clubs. The project will be carried out with the participation of ten European countries. The ten countries represent a large part of the diversity that can be found in Europe with regard to relevant characteristics such as regional context, sports policies, ways of organising sport, levels of sports participation and levels of volunteering. The ten countries are Denmark, Norway, Germany, The Netherlands, Belgium, United Kingdom, Spain, Poland, Hungary and Switzerland.

COORDINATOR: SYDDANSK UNIVERSITET
Campusvej 55
5230 Odense M (Denmark)

ELIGIBLE BUDGET: 716.500,00 €

GRANT AMOUNT: 500.000,00 €

CO-FINANCEMENT: 69,78%
PARTNERS: Deutsche Sporthochschule Koln (Germany)
Führungs-Akademie des Deutschen Olympischen Sportbundes e.V. (Germany)
Debreceni Egyetem (Hungary)
Stichting W.J.H. Mulier Instituut, centrum voor sociaal-wetens (The Netherlands)
Universitat de Valencia (Spain)
Akademia Wychowania Fizycznego Jozefa Pilsudskiego w Warszwie (Poland)
The University of Sheffield (UK) Katholieke Universiteit Leuven (Belgium)
Norges Idrettshogskole (Norway)

ASSOCIATED PARTNER: Universitaet Bern (Switzerland)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 10,000
REFERENCE : 557117-EPP-1-2014-1-FR-SPO-SCP

PROJECT TITLE: Strengthening Coaching with the Objective to Raise Equality

PROJECT ACRONYM: SCORE

DESCRIPTION: SCORE, the “Strengthening Coaching with the Objective to Raise Equality” is a project of the European Non-Governmental Sports Organisation (ENGSO) with the partnership of coaching associations from the UK and Finland, national sports umbrella organisations from Croatia, Cyprus, Germany, Lithuania, Portugal and Sweden, and European and international organisations, such as the International Council for Coaching Excellence (ICCE), the European Observatoire of Sport and Employment (EOSE), Sport and Citizenship and European University Sports Association. The project promotes equal opportunities, namely gender equality in coaching by focusing on increasing the number of employed and volunteer female coaches at all levels of sport as well as enhancing knowledge on gender equality in coach education. This way, it has a strong link with EU policy documents, such as the Proposal for Strategic Actions on Gender Equality in Sport 2014-2020 and Council Conclusions on Gender Equality in Sport (2014). ENGSO and its partners specifically aim to develop a toolkit “awareness pack” with different tools targeted both to sports organisations and coaches to increase gender equality in coaching. In addition, the activities of the project include the development of an education for mentors, to which suitable persons will participate from partner organisations. Implementation will also take place in the form of national training sessions, where the “awareness pack” will be introduced. In the project, a project management method will be used, in which activities are divided into work packages based on different tasks. This allows quality and efficiency in term of time and budget. Based on this fact, ENGSO will be responsible for the management, monitoring, training sessions, dissemination and communication, Sport Coach UK for the toolkit, the Finnish Coaches Association for the education for mentors, ICCE for sustainability and EOSE for evaluation.

COORDINATOR: EUROPEAN NON-GOVERNMENTAL SPORTS ORGANISATION (ENGSO)
Avenue Pierre de Coubertin 1 – Maison du Sport
75640 Paris (France)
www.engso.eu

ELIGIBLE BUDGET: 319,416,00 €

GRANT AMOUNT: 255,532,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS: The national coaching foundation (UK)
Suomen Valmentajat ry (Finland)
International Council for Coaching Excellence (UK)
European Observatoire Of Sport And Employment Association Inte (France)
Deutscher Olympischer Sportbund (Germany)
Sveriges Riksidrottsförbund (Sweden)
Lietuvos sporto federaciju sajunga (Lithuania)
Croatian Olympic Committee (Croatia)
Cyprus Sport Organisation (Cyprus)
Confederação do Desporto de Portugal (Portugal)
Think tank Sport et Citoynneté (France)
European University Sports Association - Podruzrica Ljubljana (Slovenia)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 300
The general objective of Swimming Life Long is to spread awareness of the importance of health enhancing physical activity and to increase the participation of senior citizens in swimming and aquatic sports. Swimming is an aerobic activity which can be safely enjoyed by people of all ages. It is one of the best exercises for seniors as it allows people to move their bodies without bearing their weight. The project intends to capitalize on the successful experience of the Grundtvig project 2012 “Healthy Ageing and Master Swimming” and transfer its results to new countries and to a new target. The project results highlighted that there is a vast area of potential increase in the number of adult and senior swimmers who want to remain physically active and demand specific programs for seniors. The concrete objective of Lifelong Swimming (LLS) is to spread awareness of the benefits of swimming seduce more and more adults and seniors to swimming and aquatic activities through the development of an innovative senior centered program.

In this perspective the partnership will share knowledge and experiences, compare programs and best practices and develop actions to increase and retain new potential adult and senior swimmers. The project will produce the following outputs:

• A LLS Awareness campaign on the lifelong benefits of swimming to be run both on websites, social networks and in swimming pools. It will be targeted to adults and seniors highlighting the enjoyable aspects of swimming and the wellbeing results of leading a healthy lifestyle.
• A “Training for a long future” Program focused on senior swimmers containing training sessions, specific workouts, nutrition advice and guidelines for the development of senior friendly pools.
• A LLS Day to be organised in the in the partners’ countries during the European Week of Sport and/or Move Week to promote the benefits of swimming and aquatic sports and the project achievements.

COORDINATOR: FEDERAZIONE ITALIANA NUOTO
Stadio Olimpico - Curva Nord
00135 Roma (Italy)
www.federnuoto.it

ELIGIBLE BUDGET: 602.500,00 €

GRANT AMOUNT: 462.000,00 €

CO-FINANCEMENT: 80,00 %

PARTNERS: Universidade De Coimbra (Spain)
Real Federacion Española de Natacion (Spain)
Turkish Swimming Federation (Turkey)
Ligue Européenne de Natation (Luxembourg)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 3.000
REFERENCE: 557075-EPP-1-2014-1-UK-SPO-SCP

PROJECT TITLE: Links United for Coma Awakenings through Sport

PROJECT ACRONYM: LUCAS

DESCRIPTION: LUCAS European Sport Collaborative Partnership (IT, BE, CY, DK, ES, LT, PT) aims to create a stable European network for sharing information, expertise & good practices in terms of models of rehabilitation through Sport, for the successful reintegration of people with acquired disability from traumatic brain injury & spinal cord injury (in particular resulting from a coma) & their families/caregivers. The partnership will develop & test a structured, multidisciplinary & integrated experimental methodology of rehabilitation through sport for these people. It will be a comprehensive rehabilitation plan assisted by qualified personnel aimed not only to a physical rehabilitation but also to a successful social reintegration of people with acquired disability & their families. It has been shown that the final outcome of a patient with severe brain injury depends largely on having a collaborative & supportive family. This is the reason why the project strongly works on the families by using the important & global element of sports to help them to break free from the drama of the accident made up of fear, disorientation, anxiety, loneliness & to become a real resource. Persons with acquired disabilities & their families will take part in multidisciplinary sport activities, also together, during pilot actions. The use of sport in group activities allows the exchange of experiences, the re-socialization, the overcoming of boundaries beyond the limits, the strengthening of self-esteem, the enhancement of the experience, the rediscovery of the residual abilities. A common program of events & initiatives to raise awareness will be promoted, also with the first "European Day of Awakenings". Through sport we can provide opportunities for participation to people at risk of exclusion from the community following a dramatic break of the life project (awakenings from "suspended lives") & to build networks of solidarity & voluntary work around these people (awakening of community).

COORDINATOR: FUTURA SOC CONS RL
Via Bologna 96/e
40017 San Giovanni in Perisceto (Italy)
www.cfp-futura.it

ELIGIBLE BUDGET: 581.080,00 €
GRANT AMOUNT: 484.860,00 €
CO-FINANCEMENT: 80,00 %

PARTNERS:
Universidade De Coimbra (Spain)
Centro Sportivo Italiano (Italy) Thomas More Kempen Vzw (Belgium) European Social Forum Cyprus (Cyprus)
Aalborg Universiteit (Denmark)
Soceidad Española de Asistencia Sociosanitaria (Spain)
Asociacion Estatal Para El Desarrollo De Servicios Y Recursos (Spain)
Siauliai University (Lithuania)
Podes - Asociacao para a Promocao do Desenvolvimento Sustenta (Portugal)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 50
PROJECT TITLE: Encouraging Girls' Participation in Sports

PROJECT ACRONYM: EGPiS

DESCRIPTION: The literature on youth sport stresses the positive effects of participation in learning important life skills associated with initiative, social cohesion, persistence, and responsibility. Furthermore, sport can help to prevent childhood obesity which comes along with serious public health challenges in EU member states. However, latest studies reveal that sport participation among European children and adolescents is far from being consistent. Even though (according to Special Eurobarometer 412. “Sport and Physical Activity”) 64% of 15-24 year-olds exercise at least once a week, physical activity tends to drop off between the ages of 11 to 15 in most European countries and the difference between genders is strongest in this age group: 74% of boys and young men exercise on a regular basis, whereas the participation among girls and young women in the same age group only amounts to 55 %. EGPiS aims at investigating the reasons for this development in order to develop tools to overcome the common barriers that keep girls from exercising such as missing infrastructure and sport facilities, competition, negative experiences at school etc and providing the possibility to experience sports as fun and enjoyment in a nonthreatening environment. This objective will be achieved through common research and exchange of experiences as a basis for the development of strategies and tools able to prevent young girls from dropping out of sports and motivate adolescents to reassume sporting activities, respectively. By building a connection between physical education at schools and extracurricular activities, the projects’ efforts will involve teachers as well as trainers and that way will be able to address girls’ needs on more than one level. A pilot programme will be launched in close cooperation between a school and a sports association enabling the partnership to review and possibly improve the developed methodology within the duration of the project.

COORDINATOR: ENDAS - ENTE NAZIONALE DEMOCRATICO DI AZIONE SOCIALE
Via Merulana 48
00185 Roma (Italy)
www.endas.it

ELIGIBLE BUDGET: 523.700,00 €

GRANT AMOUNT: 418.960,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS: 
Cyprus University Of Technology (Cyprus)
Hranicka Rozvojova Agentura Zc (Czech Republic)
Municipio De Mirandela (Portugal)
Varmlands Idrottsförbund (Sweden)
The Access To Sports Project (UK)
Catalca Ilce Milli Egitim Mudurlugu (Turkey)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 65
The "Sport and Support" project, developed by the applicant and its partners, is planned to develop in two phases:

- In the starting phase of the project (first six months of 2015), participant clubs will reach, through a well-trained group of coaches and promoters, a wide circle of recipients (school students, volunteers, etc…) with a specific program focused on the EU guidelines with an emphasis on HEPA and “SOCIAL APPROACH”, engaging (and possibly enrolling) them in social activities carried out by the Club in the various disciplines; this action will involve in physical activity also persons belonging to disadvantaged categories (for standard of living, health status, etc.), supporting social inclusion, preventing incorrect lifestyle (food, social), and focusing on the goal “60 minutes of physical activity for 7 days a week (60x7)”. 

- In the second phase of the project (late August 2015, beginning of the new sport season) a targeted “raise-awareness activity” will sensitize:
  
a) Club’s professional team’s supporters (in most cases football supporters), who very often misinterpret and misrepresent the pure sport spirit: the project at this stage will stimulate their involvement in social activities and grass-roots sports with the club’s colors (thus “opening their eyes” on the real spirit that sport embodies). Such an activity, while disseminating a specific sense of inclusion, will also inspire confidence among “normal citizens” that sport events and facilities can be an harmless and safe environment thus reconciliating families, children and “weak categories” with sport events attendance;

b) “Monosport” clubs (i.e. clubs that promote only one discipline) with top brands in order to inspire them (with specific training seminars) to a specific commitment in the viability of multiple sports through the “adoption”, in the respective regional environment, of “minor” sections, thus replicating the model of sustainability adopted by multisport clubs.

COORDINATOR: SOCIETA SPORTIVA LAZIO
Via Merulana 48
00185 Roma (Italy)
www.endas.it

ELIGIBLE BUDGET: 617,925,00 €

GRANT AMOUNT: 494,340,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS: Hrvatski Akademski Sportski Klubovi Mladost (Croatia)
Ferencevarosi Torna Club (Hungary)
Ad Fudbalski Klub Buducnost Podgorica (Montenegro)
Sporting Clube De Portugal (Portugal)
Aalborg Boldspilklub Af 1885 (Denmark)
Athilitikos Podosferikos Omilos Ellinon Lefkosias
Federation of the European Sporting Goods (Belgium)
Coni Servizi Spa (Italy)
Crvena Zvezda Sd (Serbia)
Olympiacos Syndesmos Filathlon Pireos (Greece)
Sports Club Levski (Bulgaria)
Racing Club De France (France)
Everton in The Community (UK)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 600,000
**PROJECT TITLE:** S.P.I.N. Sport, Partnership, Inclusion and Network

**PROJECT ACRONYM:** S.P.I.N

**DESCRIPTION:** SPIN aims to promote the cooperation and the creation of collaborative partnerships in the sport field, by promoting synergies between youth policies and sports with/among local, regional, national, international stakeholders. SPIN will involve in the project 14 private and public bodies from 7 countries to develop and test training and educational program of social inclusion for young people with fewer opportunities through their involvement in sports. SPIN context: challenge of social integration of youth at the very real risk of permanent exclusion dwelling in situations of social disadvantage and/or in foster care at the Juvenile Justice Services. The complexity of the issues affecting young people from the target group, requires the preparation of methodologies and tools for social integration arising from the collaborative strategy. SPIN intends to address the need of an integrative model for young people in the most difficult situations, providing the opportunity to undertake the path of social reintegration through sports in an atmosphere of friendship, mutual support and security. The activities are designed to be repeatable over time, in different EU contexts and the establishment of agreements with relevant stakeholders, will inform the actors of the local context in relation to the project and the methodology. SPIN activities: initial/final conferences; thematic tables; development/implementation of sport modules for social inclusion for youth of target groups, awareness raising and networking workshops, elaboration of Recommendations Manual. SPIN operates foreseeing the impact: in terms of establishing long-lasting partnership in the sport and social inclusion fields; on policy makers by elaborating program for social inclusion through sports for youth from target groups; in terms of social welfare by providing innovative functional program to tackle the risk of permanent exclusion for young people of target groups.

**COORDINATOR:** EURO
VIALE DELL’OLIMPO 30A
90100 ‘Palermo (Italia)
www.associazioneeuro.org

**ELIGIBLE BUDGET:** 441.600,00 €

**GRANT AMOUNT:** 353.280,00 €

**CO-FINANCEMENT:** 80,00 %
PARTNERS: Universidade De Coimbra (Spain)
Denizli Genclik Hizmetleri Ve Spor ll (Turkey)
Comune Di Alcamo (Italy)
A.S.T.E.R.I. Org (Greece)
Comune Di Palermo (Italy)
Ministero Della Giustizia – Dipartimento Giustizia Minorile (Italy)
Asociatia Curba De Cultura (Romania)
Unione Italiana Sport Per Tutti (Italy)
Federazione Italiana Sport Orientamento (Italy)
Societa Canottieri Trinacria (Italy) Teachsport 2010 Cic (UK)
Associacio Centre For EducationFoundation for the
Promotion of Social Inclusion Malta (Malta)
Panthessalonikeios Athlitikos Omilos (Greece)
Curba de Cultura (Romania)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 76
REFERENCE: 557136-EPP-1-2014-1-IT-SPO-SCP

PROJECT TITLE: SPORT+4 ALL - ACTIVE AND INCLUDED
PROJECT ACRONYM: S+4ALL

DESCRIPTION: Sport is one of the most important determinants of health and wellbeing in modern society; it can give a major contribution to reducing the prevention of a number of serious diseases; it is a fundamental element to reduce economic costs resulting from physical inactivity.
People with disabilities have fewer opportunities to participate in sport programs and physical activity on the EU scene.
In order to meet their needs and promote their rights and participation, rehabilitation centers have to establish their business in the direction of sport beyond rehabilitation; sport centers need to enlarge and become more accessible in their proposals to this audience, which is now in Europe a market of 50 million people.
The aim of S+4ALL is to create tools for a wider and higher quality of sport offer at European level for PwD. This aim will involve both Rehabilitation centers, and Sport Centers and Structures. 7 rehabilitation Centers all over Europe promoted this collaborative partnership. They have multiannual common experience in providing Rehabilitation, Adapted Sport, Social Services of Certified Quality. And they have wide competences in the whole social - health – sport process. They make their expertise available for achieving the project's aim.

Activities will be managed in 3 main areas:
1. Benchmarking activities - mapping, designing, testing, validating and implementing Innovative Practices in Sport provision
2. Benchlearning activities – integrated Benchmarking activities in 6 international workshops for cross-training and growing the Network on the topic
3. R&D activities: issuing of “Handbook”, “Recommendations for inclusive sport” ; “Competencies and skills of Sport instructors”; “Assessment tool”.

Moreover, in order to strengthen a holistic and systemic approach to sport and disability, an operating unit of Sport Medicine will carry out and share a comparing testing of the Innovative Practices on people over 50 as a preventive measure.

COORDINATOR: ISTITUTO DON CALABRIA
Via San marco, 121
37138 Verona (Italy)
www.centrodonicalabria.it

ELIGIBLE BUDGET: 610.108,00 €
GRANT AMOUNT: 481.985,00 €
CO-FINANCEMENT: 79,00 %
PARTNERS: Berufsbildungswerk Adolf Aich Gmbh (Germany) 
Astångu Kutserehabilitatsiooni Keskus (Estonia) 
Fundacion Intras (Spain) 
Hranieka Rozvojova Agentura Zc (Czech Republic) 
The Cedar Foundation (Ireland) 
Viesoji Istaiga Valakupiu Reabilitacijos (Lithuania) 
Crpg - CRPG - Centro de Reabilitação Profissional de Gaia (Portugal)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 200
**PROJECT TITLE:** GoGolf Europe

**PROJECT ACRONYM:** GGE

**DESCRIPTION:**
GoGolf EUROPE
A collaborative project on sport, health and participation
The intended project will be focused on golf, health and participation. There will be two high-level objectives:

A. Increasing the awareness of, and evidence base for, the health benefits of golf for citizens
B. Driving increased participation in the sport of golf at a pan-European level

These aims will be framed within a key agenda for the transnational collaborative projects component of the sport section of Erasmus+, i.e., projects which: “Promote voluntary activities in sport, together with social inclusion, equal opportunities and awareness of the importance of health enhancing physical activity, through increased participation in and equal access to sport for all.” Furthermore, GoGolf EUROPE will also seek to fulfil the Programme objective of: “Working with European partners to share innovative ideas, promote sport or address sport-related challenges”

Leading on from the two high-level objectives, there will be two main work areas for the project:

1. Collating and developing the evidence base for the health-enhancing physical activity (HEPA) benefits of golf
2. Developing and implementing a pan-European initiative designed to realise and cascade these HEPA benefits to citizens through increasing golf participation at a grassroots level.

The work areas will be based around innovative and collaborative new approaches to both research and practice.

**COORDINATOR:** EUROPEAN GOLF ASSOCIATION
Heienhaft
1736 Senningenberg (Luxembourg)
www.ega-golf.ch

**ELIGIBLE BUDGET:** 500,000,00 €

**GRANT AMOUNT:** 400,000,00 €

**CO-FINANCEMENT:** 80,00 %
PARTNERS: Universidade De Coimbra (Spain)
Denizli Genclik Hizmetleri Ve Spor Il (Turkey)
Comune Di Alcamo (Italy)
A.S.T.E.R.I. Org (Greece)
Comune Di Palermo (Italy)
Ministero Della Giustizia – Dipartimento Giustizia Minorile (Italy)
Asociatia Curba De Cultura (Romania)
Unione Italiana Sport Per Tutti (Italy)
Federazione Italiana Sport Orientamento (Italy)
Societa Canottieri Trinacia (Italy) Teachsport 2010 Cic (UK)
Asociacio Centre For EducatioFoundation for the
Promotion of Social Inclusion Malta (Malta)
Panthessalonikeios Athlitikos Omilos (Greece)
Curba de Cultura (Romania)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 76
**PROJECT TITLE:**  Sport Empowers Disabled Youth  

**PROJECT ACRONYM:**  SEDY  

**DESCRIPTION:**  With SEDY (Sports Enabling Disabled Youth) we would like to contribute to the overall goal to structurally raise physical activity of disabled children by increasing their participation in adapted physical activities (APA). We are convinced that this increased participation will benefit the disabled children due to the positive contribution of sport to the social, emotional and physical development of children and youth with disabilities. Pleasure, improvement of skills and success experiences are powerful tools for a sustainable sports participation. 

The objectives of the SEDY project are:  
1. To develop an inventory of the current and desired situation regarding all elements mentioned in figure 1 for disabled children in the partner countries.  
2. To develop tools to measure APA supply and demand  
3. To exchange best practices of one or several aspects of the SEDY Tool  
4. To implement and evaluate pilots targeting the improvement the SEDY Tool for deployment in each country  
5. To disseminate project results (e.g. SEDY tool, articles, educational materials, conference proceedings) on a free website.  

**COORDINATOR:**  STICHTING HOGESCHOOL VAN AMSTERDAM  
Dokter Meurerlaan 8  
1067SM Amsterdam (The Netherlands)  
www.hva.nl  

**ELIGIBLE BUDGET:**  630.987,33 €  

**GRANT AMOUNT:**  500.000,00 €  

**CO-FINANCEMENT:**  79,24 %  

**PARTNERS:**  Lietuvos Sporto Universitetas (Lithuania)  
Youth Sport Trust Lbg (UK)  
European Non-Governmental Sports Organisation (France)  
Sport Et Citoyennete 3s (France)  
Instituto Politecnico De Santarem (Portugal)  
The Wheelchair Dance Sport Association (UK)  
Stichting Hoger Onderwijs Nederland (The Netherlands)  
Suomen Vammainsurheilu Ja -Liikunta Vau Ry (Finland)
**PROJECT TITLE:** A European Effective Practice Model and Impact Measurement Tool for sport-inspired social inclusion programmes

**PROJECT ACRONYM:** EPMIMT

**DESCRIPTION:** The Football League Trust and its consortium partners each deliver a range of activities in their respective countries which aim to use the “Power of Football” to positively impact the issues that impact on social inclusion. An extensive Context and Policy Review in each of the partner territories to determine how sport currently impacts local, regional and national policy in a range of social policy domains highlighted the fact that, although there is significant empirical and anecdotal evidence that sport can have a positive impact on a range of social problems, there is very little definitive evidence, and certainly no attempt to share learning’s or data across European boundaries. Although the monitoring and evaluation activities carried out by the respective consortium partners indicate that existing programmes have a positive impact on a range of social problems, the organisations currently operate in isolation, with virtually no international cooperation or sharing of best practice to identify the programmes/activities that have the most impact. Furthermore, there is currently no mechanism for organisations delivering sport-based social inclusion activities to measure, or place a value, on these activities. There is therefore a distinct need for a best practice model which draws on the experience of organisations that are addressing the issues relating to social inclusion via sport, to create a consistent and measurable set of resources which can be used by practitioners across Europe to deliver targeted and cost effective outcomes in the key areas that impact on social inclusion. To address this need, this project will develop Online Resources and an Impact Measurement Tool for the delivery of social inclusion programmes across Europe. The resources will be implemented by the consortium partners via established delivery mechanisms within their own territories as well as being made freely available to a wide range of stakeholders across Europe.

**COORDINATOR:** **THE FOOTBALL LEAGUE (COMMUNITY) LIMITED**
Unit 5B, Edward VII Quay, Navigation Way
PR2 2YF Preston (UK)
www.fltrust.co.uk

**ELIGIBLE BUDGET:** 624,200,00 €

**GRANT AMOUNT:** 500,000 €

**CO-FINANCEMENT:** 80,10%

**PARTNERS:** Stichting Meer Dan Voetbal (The Nederlands)
The Scottish Professional Football League (UK)
Fundacion Del Futbol Profesional (ES)
Viesoj Istaiga Gargzdu Futbolas (Lithuania)
Bundesliga Stiftung (Germany)
Cumann Peile Na H-Eireann Football Association of Ireland (Ireland)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 7
**PROJECT TITLE:** BOCCIA - Enhancing the quality of life of people with disabilities and their environment through Paralympic sport Boccia

**PROJECT ACRONYM:** BOCCIA

**DESCRIPTION:**

The project is implemented by 6 NGOs from Bulgaria, Greece, FYR of Macedonia, Turkey, Poland and Georgia, and is directed to people with disabilities, specialists, volunteers / Animators and persons working for disabled people environment.

Main goals:

1. Transfer of effective solutions that activate vitally, equalize opportunities and health-enhancing physical activities of disabled using paralympic sport Boccia.
2. Increased participation in, and equal access to sport for all through:
   a) training specialists (instructors)
   b) obtaining and training volunteers for NGO - „Animators of active life in people with disabilities” in Partner Organizations countries and also working for disabled people environment and local communities in individual countries
   c) creating Boccia Teams in Partner Organizations countries pursuing systematically integration Boccia classes for NGO and local communities.

Goals will be implemented through passing experience, methodology, good practice from specialists working for the most experienced sports and rehabilitation association in Poland.

START:  Project uses Paralympic sport- Boccia because it concerns specific needs in the field of sport for people with disabilities. Boccia is suitable for everyone, but has found great popularity among people with even the most severe physical disabilities (cerebral palsy or other neurological diseases). It challenges both body and mind and provides athletic therapy. Boccia is an effective way to integrate physically disabled with able-bodied individuals in sports clubs, NGO’s, schools, rehabilitation centres, or the home. We assume the active participation of all Partners, activities will be carried out in each country. 141 people will participate in the project.

**COORDINATOR:** SPORT REHABILITATION ASSOCIATION START
Zacisze 2
60-831 Poznań (Poland)
www.start.org.pl

**ELIGIBLE BUDGET:** 331.340,00 €

**GRANT AMOUNT:** 265.000,00 €

**CO-FINANCEMENT:** 79,98%

**PARTNERS:**

- Soma Saglik Sosyal Ve Egitim Vakfi (Turkey)
- Coalition For Independent Life (Georgia)
- Kentro Koinonikhs Strixhs (Greece)
- Partners Kyustendil Association (Bulgaria)
- Humanitarian Association for Help And Support The People With Special Needs (Macedonia)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 81
Collaborative Partnerships

(covering Fight against doping at grassroots level)

REFERENCE:557209-1-2014-LU-SPO-SCP

PROJECT TITLE: Doping Prevention Through Peer Learning Among Youth

PROJECT ACRONYM: prePLAY

DESCRIPTION: Project »Doping prevention through peer learning among youth - prePLAY« aspires to develop and shape a new network of young athletes that believe in a sound mind in a healthy body and reject any thought of using doping substances to enhance their athletic prowess. The project is a model of creating a transnational network of (young) people who have the knowledge about fight against doping and are aware of consequences of the abuse of prohibited substances and methods. Through peer-to-peer network, we will directly and indirectly build a network in which sport and its values are something worth sacrificing one’s free time for. It will be network of new generation that fights for ethical and moral values of honest and fair participation in sports with the purpose of preventing a pro-doping culture.

Project »prePLAY« targets youth on grassroots level of sport who are looking to improve their body image or take their sports careers to competitive and professional level. The project also indirectly addresses all other stakeholders that create and shape the environment for young athletes, as well as all recreational athletes and participants in mass sporting events.

The main objectives and target groups of the project »Doping prevention through peer learning among youth« are: 1) Implementation of preventive and awareness-raising activities on grassroots level of sport, especially targeting primary and secondary school students 2) Recruitment and training of anti-doping ambassadors targeting young athletes, who just finished or are finishing their sport careers 3) Following the footsteps of South American countries, which pronounced 10th of April as a Play True Day, enforcement of a Play True Day in Europe, targeting sport and general public 4) Creating model rules for peer networking in doping prevention programs

COORDINATOR: SLOVENSKA ANTIDOPING ORGANIZACIJA, ZASEBNI ZAVOD ZA PREPRECEV
Celovska cesta 25
1000 Ljubljana (Slovenia)
www.sloado.si

ELIGIBLE BUDGET: 327,437,98 €

GRANT AMOUNT: 261,031,98 €

CO-FINANCEMENT: 79,72 %
**PARTNERS:**
Lietuvos Sporto Universitetas (Lithuania)
Institute of National Anti-Doping (UK)
Valsts Sporta Medicinas Centrs (Latvia)
Maltese Olympic Committee (Malta)
Sihtasutus Eesti Antidoping (Estonia)
Hrvatski Zavod Za Toksikologiju I Antidoping (Croatia)

**ASSOCIATED PARTNERS:** Deutscher Olympischer Sportbund (Dosb)

**NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT:** 20,000
REFERENCE: 557100-EPP-1-2014-1-EL-SPO-SCP

PROJECT TITLE: Strengthening the Anti-Doping Fight in Fitness and Exercise in Youth

PROJECT ACRONYM: SAFYOU

DESCRIPTION: Doping use is an emerging threat in the field of amateur and fitness sports, and adolescents and young adults represent particularly vulnerable populations. Previous EU projects have shown that the existing infrastructure and education against doping in fitness/amateur sports in Europe is very limited, and concerted efforts are needed to effectively tackle doping use in these settings and among young people. The proposed project (Strengthening the Anti-doping fight in Fitness and Exercise in YOUTH – SAFE YOU) aims to address this need by developing a European-wide strategic partnership between academic institutions and sports organizations, in order to empower and strengthen the fight against doping use in youth in fitness and amateur sports. Our consortium will work together with adolescents and young adults in order to develop an innovative, web-based education tool (SAFE YOU Tool) against doping. This web-based tool will target adolescents and young people, and will be used as an educational resource for anti-doping interventions and educational campaigns by educators, policy-makers and other relevant stakeholders in the fight against doping in fitness/amateur sports. The objectives of Project SAFE YOU are to: 1. Identify the key risk and protective factors for doping substance use in adolescent and young athletes involved in fitness and amateur sports. 2. Assess the lived experiences of young people involved in fitness and amateur sports settings, especially in relation to availability/access, promotion and purchase of doping substances. 3. Co-create with adolescent and young amateur athletes an evidence-based, online education tool against doping in fitness and amateur sports. 4. Develop a ‘train the trainers’ approach to teach educators and other professionals and stakeholders how to use the SAFE YOU Tool to effectively design, implement and evaluate anti-doping interventions and educational campaigns for young people in fitness/amateur sports.

COORDINATOR: ARISTOTELEIO PANEPISTIMIO THESSALONIKIS (PHYSICAL EDUCATION AND SPORT SCIENCE) University Campus at Thermi 57001 Thessaloniki (Greece) www.auth.gr

ELIGIBLE BUDGET: 514.636,00 €

GRANT AMOUNT: 411.708,00 €

CO-FINANCEMENT: 80,00 %

PARTNERS: Ministry of Culture and Sport /General Secretariat of Sport (Greece) Norges Idrettskole (Norway) Universiteit Potsdam (Poland) Kingston University Higher Education Corporation (UK) Nationale Anti Doping Agentur Deutschland (Germany) Universita Degli Studi Di Roma Foro Italico (Italy) Cyprus Sport Organisation (Cyprus)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 25
Collaborative Partnerships

(covering Fight against doping at grassroots level)

REFERENCE: 556784-EPP-1-2014-1-AT-SPO-SCP

PROJECT TITLE: European Rookie CUP
PROJECT ACRONYM: EUROCUP

DESCRIPTION: EUROCUP includes a strong international dimension with 14 organisations from 9 different countries connecting the organization of ice hockey tournaments for the age group of U16 together with an education program with the main topics of Match-Fixing, Doping and Intolerance & Discrimination. The project focus is to raise awareness about the project topics and combines development and implementation of training and educational modules, networking, sharing of good practices and sports at the same place. In the first year a questioner will be created to gain more information about the target groups know-how. With the feedback the experts will analyse them and will create an education package. Topic experts will work directly with the kids by explaining all aspects of project topics in detail during tournaments and education workshops. 47 clubs with around 1,000 U16 players will take part each year. In M8 a compact brochure with guidelines about the project topics will be created. This brochure will be published and distributed to all youth players by the national federations and clubs. The guidelines should become part of the coaches-apprenticeships of Vierumaki. The implementation of the project-topics in such an education-program will have a deep impact on the fight against the project-topics as coaches will act as multipliers to their players. Each player will be certificated after education and will get a EUROCUP Pin and a badge for the Jersey to play the EUROCUP tournaments. To compare the evaluation-results of the first and second year will offer the consortium valuable clues about the effective impact of the project. Areas of information gaps can be identified which will help us to adapt our approach and to change our focus on the information flow. The EUROCUP portal will serve as a platform for information transfer to all stakeholders, Guideline and project results and an “Online-Education-QUIZ” and will be presented at different EU and IIHF events.

COORDINATOR: ERSTE BANK EISHOCKEY LIGA
Liechtensteinstrasse 25 TOP 26/27
1040 Wien (Austria)

ELIGIBLE BUDGET: 627,000.00 €

GRANT AMOUNT: 500,000.00 €

CO-FINANCEMENT: 79.74 %
PARTNERS:
International Ice Hockey Federation (Switzerland)
Hokejaski Savez Bosne I Hercegovine (Bosnia Herzegovina)
Suomen Urheilupiston Kannatusosakeyhtiö (Finland)
Bundesministerium Fur Landes Verteidigung und Sport Sektion Sport (Germany)
Ehc Munchen Ev (Germany)
Klub Hokeja Na Ledu Medvescak Zagreb (Croatia)
Fonds Wiener Institut Fur Internationalen Dialog Und Zusammen Arbeit Germany
Federazione Italiana Sport Del Ghiaccio (Italy)
Magyar Jegkorong Szovetseg (Hungary)
Nationale Anti Doping Agentur Austria (Austria) Verein Zur
Wahrung Der Integritat Im Sport (Austria)
Hokejska Zveza Slovenije (Slovenia)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 1,200
COLLABORATIVE PARTNERSHIPS
(COVERING EU PRINCIPLES ON GOOD GOVERNANCE IN SPORT)

REFERENCE: 557990-EPP-1-2014-1-AT-SPO-SCP

PROJECT TITLE: How to lead a sport club to a successful future
PROJECT ACRONYM: sportGO

DESCRIPTION: The sportGO project will focus on the priority of supporting the implementation of EU policy documents in the field of sport and other relevant policy areas such as recommendations, guidelines, policy strategies, etc. (e.g. EU Physical Activity Guidelines, EU Guidelines on Dual Careers of Athletes, Principles on good governance in sport, etc.). Nowadays even amateur and semi-professional sport clubs have to be run like companies, as they have to compete with various competitors on diverse levels such as recruitment of members, volunteers and attracting sponsors. The main difference to companies lies in the key acting staff. While even small companies are mostly led by professional managers with at least some management education, sport clubs are mostly governed by volunteers. These volunteers normally show a high level of dedication and spend a huge fraction of their leisure time for the club, but beside lack of time what is often missing is knowledge and knowhow in management and governance of a sport club. SportGO aims to support these sport clubs by developing a practical training program to enhance the governance skills of semi-professional and amateur sport club officials. Therefore the sportGO objectives are: -improving available structures and implementation of cost-efficient governance of semi-professional and amateur sport clubs -fostering grassroots sport activities by supporting semi-professional and amateur sport clubs in governance and enabling good conditions for their active members -strengthening the national and regional sports governing bodies by increasing their training offers to their members and their capacity in training representatives of sport clubs -exchanging and transfer of knowledge and knowhow related to governance and management of sport clubs from higher education institutions and training providers to sport clubs and vice versa -on a meta-level developing social capital of youth in “healthy” sport clubs engaged in youth training.

COORDINATOR: FH JOANNEUM GESELLSCHAFT M.B.H.
Alte Poststrasse, 149
8020 Graz (AT)

ELIGIBLE BUDGET: 479.732,00 €
GRANT AMOUNT: 383.785,00 €
CO-FINANCEMENT: 80,00 %
PARTNERS:  Nyugat-Magyarorszagi Egyetem (Hungary)
          World University Service-Osterreichisches (Austria)
          Vas Megyei Tajekozodasi Futo Szovetseg (Hungary)
          Steirischer Volleyballverband (Austria)
          Olimpijski Komite Slovenije Zdruzenje (Slovenia)
          Universidad De Alicante (Spain)
          Univerzitet U Sarajevu (Bosnia Herzegovina)
          Real Federacion Espanola De Hockey (Spain)
          Lietuvos Sporto Universitetas (Lithuania)
          Univerza V Ljubljanji (Slovenia)
          Lietuvos Sporto Federaciju Sajunga (Lithuania)

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 150
PROJECT TITLE: Support the Implementation of Good Governance in Sport

PROJECT ACRONYM: SIGGS

DESCRIPTION: Although many high-quality codes and principles of good governance exist in the world of sport, the actual implementation of these principles into the daily management and governance of sport organisations is in general not very far advanced. The SIGGS Project aims to close this gap between theory and practice by helping National Olympic Committees (NOCs) and national sport federations (NFs) with enhancing their governance by providing practical guidance on how to implement principles of good governance. To achieve this ambitious goal, various activities will be organised including the development of educational tools. As the focus will be on practical and individualised help, the project will seek to customise these tools and training according to the needs of the respective sport organisations. The national training sessions, which will be organised in 7 European countries, will therefore be conducted based on individualised tools and with a customised approach. A Steering Committee, consisting of experts from various fields and sectors, will be responsible for the general guidance of the project. Dissemination, external expertise, flexibility and individualised help are just some of the key elements of the project design. On top of that, special attention will be given to sustainability by for instance the development of national strategies and the setting-up of national contact points. In this regard, the project is expected to raise awareness on the importance of good governance, to enhance the governance of sport organisations across Europe, to foster innovative synergies at both national and European level and to start a process towards better governance that lasts beyond the lifetime of the project.

To implement the various activities, the SIGGS Project can rely on a strong partnership of 12 partners including 8 European NOCs, the catholic university of Louvain (UCL), EOSE, the Leadership Academy of DOSB and the EOC EU Office (as project coordinator).

COORDINATOR: COMITATI OLIMPICI EUROPEI
Via della Pallacanestro 19
00135 Roma (Italy)
http://www.eurolympic.org/

ELIGIBLE BUDGET: 313.591,00 €

GRANT AMOUNT: 250.872,00 €

CO-FINANCEMENT: 80,00 %
PARTNERS:  
Turkiye Milli Olimpiyat Komitesi Derneği (Turkey)  
Comité Olympique Et Interfédéral Belge (Belgium)  
Fuhrungs-Akademie Des Deutschen Olympische(Germany)  
Lietuvos Tautinis Olimpinis Komitetas (Lithuania)  
Comité Olympique et Sportif Luxembourgeois (Luxembourg)  
Nederlands Olympisch Comite-Nederlandse Sport Federatie Vereiniging (Netherlands)  
Université Catholique De Louvain (Belgium)  
European Observatoire of Sport and Employment International Association (France)  
Olimpijski Komite Slovenije Združenje (Slovenia)  
Deutscher Olympischer Sporthund Dosb (Germany)  
Comite Olimpico De Portugal (Portugal)  

NUMBER OF MEMBER SPORT ORGANISATIONS INVOLVED IN THE PROJECT: 1,200
Education, Audiovisual & Culture Executive Agency
Erasmus+: Sport

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